

> Customizing and fitting the Push AFO

> Fitting instruction

The Push AFO is available in three sizes in a left and right execution. Place the foot at a 90-degree angle in relation to the lower leg, in order to measure the exact size. Then measure the circumference around the heel and the instep of the foot as shown in the image above. See table for the correct size at each foot circumference. To be on the safe side, also check whether the measured size matches the user's shoe size.

Execution: left and right

SIZE	CIRCUMFERENCE	SHOE SIZE
1	27 - 31	36 - 41
2	31 - 34	39 - 44
3	34 - 40	42 - 47



PUSH
FOR
FREEDOM

> Customizing

The Push AFO should at various points be adjusted to size by a fitting professional.

> The sole



- > Determine the correct position for the adjusting by marking the positions between the toes.



- > Adjust the sole of the frame so it ends between the ball of the foot and the toes.



- > The softshell sole is also customizable. Keep it just slightly longer than the frame sole, so that the edge of the frame is well padded.



- > Softshell sole slightly longer than the frame sole.

> The front closure



- > Adjust the front closure to the correct size.



- > Take off the removable end of the front closure.



- > Put back the removable end of the strap.

> Setting indicators



- > To prevent users with sensory loss overtightening the straps, the attached setting indicators are to be applied to the loop strap at the back and at both sides of the orthosis. In this way the individual setting can easily be found every day.